

White Rock Lake
barbec's
EAST DALLAS

8949 GARLAND ROAD. DALLAS, TEXAS 75218

PHONE: (214)321-5597

HOURS:

MON. - SAT. 6:30 A.M. - 9:00 P.M.

SUN. 7:30 A.M. - 2:00 P.M.

Uneda Biscuit



5¢

NATIONAL BISCUIT COMPANY

5¢

© 1970 NABISCO

barbec's BREAKFAST

Served All Day, our breakfast has been a Dallas tradition for over 29 years
we can use no cholesterol egg substitute(add 15c per egg) and or promise margarine upon request

OMELETTES

Served w/Toast or Beer Biscuits&Grits or Gravy

Three Cheese.....\$5.39

(Cheddar,American,Jack)

Bacon-(with cheese add 40c) \$5.79

Ham or Sausage w/cheese add40c\$5.99

Western(Bell pepper, Ham and Onion)....\$5.99

Meat Lovers \$ 6.49

Bacon, sausage, ham and cheddar cheese.

Veggie Omelette..... \$ 6.09

Sautéed onions, mushrooms, green peppers, tomatoes, and cheddar cheese. Topped with ripe sliced avocados.

Spanish(Tomato, Jalapeno and Onion)...\$5.99

Sunshine Omelette.. *New* \$6.59

Fluffy,open-face omelette filled with sausage and spicy home fries, topped with country gravy and cheddar cheese.

Grilled Chicken..... \$ 6.59

Add Swiss cheese&tomatoes for 50C

Spinach w/cheese add 40c\$5.65

Turkey Spinach ... *New* \$6.99

Turkey, spinach, Monterey jack cheese, and tomatoes topped with cheddar cheese.

Chili-Cheese and Onion\$ 6.49

Green Chili , Jack Cheese.....6.09

Canadian Bacon5.99

w/cheese add40c

Mushroom and Cheese\$5.99

THE WORKS\$6.59

Onion,Bell Pepper,Ham,Cheese,Mushroom,Jalapeno, Tomato

MEXICAN MORNINGS

Huevos Rancheros\$ 5.49

Eggs and Tortillas, topped with homemade hot souse, Monterey Jack cheese. Served with pinto beans.

Taquitos (3) \$5.79

Eggs, and Potato, with pinto beans and hot sauce (with cheese add 50C)

Migas \$5.99

Eggs, Tomatoes, onions, cheese, tortillas scrambled together and served with sausage, pinto beans, homemade hot sauce and your choice of biscuits or tortillas.

Vebo Bueno *New* \$6.99

This 3 eggs omlette is stuffed with diced ham, onions, American cheese,green peppers, and topped with our famous hot sauce, Cheddar cheese. with hash browns inside and out.

Egg Burrito \$ 5.69

Seasoned ground beef scrambled with two fresh eggs wrapped in flour tortilla. Topped with cheddar cheese, salsa, tomatoes, black olives, and sour cream. (Fajita Chicken Burrito Add \$1.75)

QUESADILLAS..... \$ 5.99

Eggs, Tomatoes, Sausage & Jack cheese on tortilla, Served with Salsa.

BREAKFAST BREADS

Barbec's Beer Biscuits ...\$1.99

(3) with Butter and Jelly

Hot Buttered Sweet Roll \$1.99

Bowl of Gravy and 3Biscuits.\$2.99

Bowl of Sausage Gravy&3Biscuits....\$4.29

Toast \$1.29

Whole Wheat, Sourdough White, Rye

English Muffin \$1.39

Toasted Bagel with Cream Cheese

Plain or Cinnamon Raisin.....\$ 1.99

CEREALS

Dry Cereal with Milk \$2.49

Fresh Hot Oatmeal w/ Milk...\$2.59

With Raisins, Blueberries or

Pecans.....\$3.29

barbec's 25th Golden

anniversary Breakfast Platters

Served with 2 fresh eggs cooked your way, tortillas, toast, biscuits or English muffin

Garden Platter \$ 5.99

Mushrooms,onions, green peppers, potatoes Topped w/ cheddar cheese & sliced tomatoes.

Ham Platter \$ 6.19

Diced ham&potatoes topped w/cheddar cheese.

Western Platter \$ 6.29

Diced ham,sautifed onions, green peppers grilled w/ potatoes&topped with melted cheddar cheese.

***barbec's* Platter \$ 6.69**

seasoned ground beef, onions, green peppers, potatoes, melted cheddar cheese, tomatoes, salsa and sour cream.

Chicken Platter \$ 6.99

Seasoned chicken breast, with diced onions, green peppers, & potatoes. Topped with real cheddar cheese.

Kids Eat Free On Wednesday

Nights(with parent's meal order).

BARBEC'S FAVORITES

- Hand-Breaded Chicken Fried Steak**
2eggs,Toast or Biscuits&Grits or Gravy..... **\$6.89**
- 8 Oz. Top Sirloin** **\$ 8.49**
With2eggs,Toast or Biscuits&Grits or Gravy.
- Two Tender Cut Pork Chops...** **\$ 6.89**
With2eggs,&Toast or Biscuits&Grits or Gravy
- Corned Beef Hash** **\$ 5.99**
With2 eggs,Toast or Biscuits&Gravy or Grits
- The Original** **\$ 6.39**
Eggs,Seasoned ground Beef, Sautéed onions, Chives, cheddar cheese, served W/ salsa & choice of bread
- Original With a Kick** **\$ 6.79**
above w/ Sausage in place of Ground beef ground .
- Deep Fried Pork Chops** **\$8.39**
With2eggs &Toast or Biscuits&Grits or Gravy
- barbec's Scrambled** **\$ 5.89**
Diced ham&scrambled fresh eggs& cheddar cheese. served with your choice of bread.
- CHORIZO CON HUEVOS.....** **\$6.99**
Eggs Chorizo sausage, Onion & Bell pepper, served with home fries and flour tortillas.
- Hot & Hearty** **\$ 4.59**
Beef Gravy or Sausage Gravy on Beer Biscuits.
- Breakfast Dieter** **\$4.99**
Two Poached Eggs, Small glass of Juice and one slice of Dry, Whole Wheat Toast
- Every Sunday -Eggs Benedict..** **\$6.29**

- Benedict Omelett** **\$6.99** *New*
ham,bacon,sausage,tomato,green pepper,onion,jack cheese, topped with hollandaise sauce and cheddar cheese.

•Fresh Fruit Plate• (In Season).. **\$6.59**

EGGS AND SUCH

- One Egg** W/Toast or Beer biscuits&Grits or Gravy. **\$3.89**
- With Bacon** **\$ 4.39**
- With Ham** **\$ 4.79**
- With Canadian Bacon or Sausage.** **\$4.79**
- Two Egg** w/toast or Beer biscuits&Grits or Gravy **\$4.39**
- With Ham or Canadian Bacon.** **\$5.79**
- With Sausage or Bacon** **\$ 5.59**
- With Ham Steak**
1/2 of a pound. **\$ 6.19** Full pound. **\$7.59**
- Flap & Cluck with Oink** **\$ 5.59**
2pancakes, eggs & Choice of Bacon, Sausage or Ham.

BREAKFAST SANDWICHES

- Breakfast Sandwiches topped w/ Ham, Egg & Cheese
- Bagel Sandwich** **\$2.99**
- Muffin Sandwich** **\$2.99**
- Biscuit Sandwich** **\$2.79**
- Sausage Biscuit (Sausage Only)...** **\$1.99**

CAKES & WAFFLES Original

or New **Sweet Cinnamon** (Add 50 C)
Our batter is made from scratch daily. Sugar Free
Syrup is available short stack (3) tall stack (5)

- Stack of Pancakes.....** **\$3.99** **\$4.99**
- Fruit Pancakes.....** **\$4.49** **\$5.49**
Choice of blueberries, strawberries, or peaches
- Chocolate Chips pancake** **\$4.49** **5.49**
- Banana Nuts Pancakes...** **\$4.49** **5.49**
- Whole Wheat Pancakes.** **\$4.49** **\$5.49**
- Double Barrel Breakfast** **\$ 5.69**
Two pancakes,sausages,bacons & eggs.
- Crepes NU.....** **\$ 6.39**
With bacon or sausage, & choice of blueberries, strawberries,peaches or banana filling.
- Golden Brown Waffle.....** **\$ 4.49**
- Pecan or Raisin Waffle.....** **\$ 4.99**
- Fruit Waffle**(with whipping cream)..... **\$ 4.99**
Strawberries, banana, blueberries, or peaches
- French Toast** **\$ 4.49**
- Texas Style French Toast.....** **\$ 6.79**
6 wedges of French toast served with two stripes of bacon, one sausage and two eggs cooked your way.

SIDE ORDERS

- Ham, Canadian Bacon or Sausage.....** **\$2.39**
- Ham Steak :Full Pound** **\$ 4.29**
- Half Of A Pound...** **\$ 3.29**
- Bacon** **\$2.19**
- One Egg** **\$ 1.50**
- Hash Browns** **\$1.79**
W/Cheese&Onions or Bell Pepper&Onions **\$2.39**
- Sliced Tomatoes** **\$1.89**
- Tortillas (2) Corn or Flour.....** **\$.99**

JUICES/BEVERAGES

- Free refills with Soft Drinks, Tea and Coffee
- Apple, Orange, Grapefruit, Tomato Juice**
Small..... **\$1.40** Large **\$1.75**
- Hot or Iced Tea** **\$1.29**
- Coffee (Leaded or Unleaded).....** **\$1.29**
- Cappuccino** **\$1.49**
French Vanilla or Hazelnut
- Hot Chocolate** **\$1.39**
- 2% Sweet**
- Milk Small.....** **\$1.59** Large..... **\$1.89**
- Chocolate Milk ..** **\$1.59** Large..... **\$1.89**
- Soft Drinks**
- Small.....** **\$1.49** Large..... **\$1.69**

Try Our Catering

GREAT BEGINNINGS

- Onion Rings** \$ 3.29
Fresh cut and hand-breaded
- Battered Mozzarella Cheese Sticks** \$4.19
served with our special sauce
- Chips and Hot Sauce**\$ 2.69
- Cheese Nachos**(w/beans add 40C).....\$4.69
- Jalapeno & Cheddar Poppers** \$ 5.95
- Chicken Jack Cheese Nachos** \$ 6.79
- Deluxe Nachos**\$ 6.19
Corn tortilla chips, smothered with melted cheddar cheese, taco meat, black olives, tomatoes, and sourcream

SOUPS AND CHILI

All of our soups are made from scratch

- Vegetable Soup or Soup of the Day**
- Cup**.....\$2.59 **owl**.....\$3.59
- Delicious Chili: Cup** \$3.49 **Bowl** \$4.19
- Bowl of Chili With Rice** \$ 4.69
Topped With Diced Onion & Melted Cheddar Cheese

ENTREES

All of our fried foods are cooked in 100% vegetable oil. Entrees include fresh-baked white or wheat rolls or corn bread and your choice of 2 daily vegetables. Selected entrees can be served in a reduced portion for \$ 1.00 less.

- Handbreaded Chicken Fried Steak** \$6.49
Topped with cream gravy or Texas style topped with steaming chili (Texas style-Add .75C)
- Homemade Meatloaf**\$ 6.79
- Grilled Pork Chops**.....\$ 6.99
Topped with grilled onions
- Smothered Steak**\$ 6.99
Over 1/2 pound of ground beef, broiled & covered w/ sautéed onions, mushrooms, & hot brown gravy.
- Roast Beef Dinner** \$ 7.69
Our thin cut USDA choice Chuck Roast slow cooked topped with Gravy.
- Country Ham Steak Dinner:**
1/2 pound..\$ 5.89 **Whole pound**....\$7.29
- Vegetable Plate**\$ 5.69
- Large bowl Pinto & rice w/ cornbread** \$3.99

CHICKEN

Include fresh-baked white, wheat rolls or cornbread and your choice of two daily vegetables.

- Grilled Breast of Chicken**..... \$ 6.99
topped with sautéed onions.
- Handbreaded Chicken**
Fried Chicken...6.99
- Grilled Breast of Chicken Max** \$7.79
topped w/ sautéed mushrooms, onions & Jack cheese.
- Blackened Chicken** \$ 7.29
- Handbreaded Chicken Tender** 6.99
- Chicken Supreme** \$ 8.29
Boneless chicken breast lean ham & Swiss cheese.

SALADS

Your choice of Honey Mustard, Thousand Island, Homemade Ranch, Blue Cheese, Low-Fat Ranch And Low-Fat Italian Dressing

Now get

New **Fresh Spinach** *New*

in place of lettuce add \$1.00

- Chef Salad**..... \$ 6.59
Lettuce, tomato, egg, cheddar cheese w/ ham, bacon and turkey
- Fajita Chicken Salad**.....\$ 6.89
salad greens topped w/ Fajita chicken, cheddar & Monterey jack cheese, tomatoes, black olives and hard boiled egg.
- Taco Salad** \$ 5.99
Seasoned taco meat & pinto beans served over crisp lettuce with tomatoes, cheddar and Monterey Jack cheese in a fried flour tortilla.
- Grilled Chicken Caesar Salad** \$ 6.89
- Chicken or Tuna Salad** \$ 5.99
on a bed of crisp lettuce with tomato wedge and sliced egg.
- Cob Salad** \$6.99
Combination of turkey, bacon, Monterey Jack cheese, avocado & tomatoes served on a bed of green salad
- Dinner Salad** \$ 2.59

STEAKS AND FISH

Tender Beef cooked the way you like it. Steak and Fish dinners include fresh-baked white or wheat rolls or corn bread, and your choice of 2 daily vegetables.

- 6 Oz. Choice Sirloin Strip** \$ 7.09
- 8 Oz. Choice Top Sirloin** \$ 7.99
- 8 Oz. Choice Ribeye** \$ 8.99
- Catfish Fillets** \$ 7.59
Choice of : Blackened, Grilled or Fried.

SOUTH OF THE BORDER ENTREES

- Due South Pollo** \$ 6.99
Grilled breast of chicken topped with sautéed onion, bell peppers, and covered with melted Monterey Jack cheese. Served with homemade hot sauce and your choice of two daily vegetables.
- Enchilada Plate** \$ 5.69
3 delicious cheese enchiladas topped w/ chili. Served w/ pinto beans, homemade hot sauce & chips.
- Soft Chicken Tacos** \$ 6.59
Two flour tortillas filled with grilled chicken, lettuce, tomatoes, chilies and cheese, served with sour cream and pinto beans.

DESERTS

- Freshly Baked Assorted Pies & Cobblers** :.....\$ 2.29

Kids Eat Free On Wednesday Nights!

must be accompanied by parents meal order.

BURGERS

1/3 lb. of 100% pure beef charbroiled served on a grilled bun. Choice of Cheddar, Swiss, Monterey Jack or American cheese for 40C. On any Burger Add chips for 60C, Fries for \$ 1.10, and fruit \$1.50

Double(+\$1.00) or Triple(+\$2.00) Decker

- Old Fashioned Burger** \$ 3.89
Mustard, Onion, Pickle, Lettuce and Tomato
- Barbecs Combo** \$ 6.39
Old Fashioned Burger w/ fries and salad
- California Burger** \$ 5.99
Topped with avocado, Swiss cheese, and bacon.
- Chili, Cheese & Onion Burger** . \$5.39
- Grilled Mushroom Swiss Burger** \$4.89
- Bacon Cheeseburger** \$ 4.89

SANDWICHES

Choice of wheat, sourdough, white, or rye bread. Add chips 60C, fries \$ 1.10, fruit \$ 1.50.

- Soup and Sandwich Combo**.... \$ 5.89
Choice of BLT, Grilled Cheese, Tuna salad or Chicken salad sandwich Served with a hot bowl of soup.
- Grilled Turkey Deluxe Sandwich**
on Texas Toast..... \$4.89

- Farmer's Chicken** ^{New} \$5.59
Sliced chicken breast, spinach, tomato, sweet & spicy vinaigrette, & mayonnaise.
- Chicken Fried Chicken**..... \$5.29

- Grilled Breast of Chicken** \$5.29

- Chicken, Avocado & Swiss** \$5.89

- Chicken, mushrooms, Swiss**..... \$5.89

- Club Sandwich** \$ 5.29
A triple Decker, piled high W/ ham, bacon & turkey, lettuce, tomato, & mayonnaise on sourdough toast.

- Triple Delight** \$ 5.29

Turkey, ham & Swiss cheese on Texas bread dipped in our especial batter fried & topped W/ power sugar.

- Chicken or Tuna Salad** \$ 4.39

- Bacon, Lettuce and Tomato**.... \$ 4.39

- Grilled Ham and Cheese** \$ 4.49

- Grilled Cheese Sandwich** \$ 3.49

- Chicken Fried Steak Sandwich** \$5.59

- Turkey Avocado** \$ 5.99
piled high w/ turkey breast, ripe avocado, lettuce, tomatoes, Swiss cheese, and mayonnaise. Served on sourdough toast.
- Smoked Turkey Sandwich**..... \$ 4.49

- Supper Bird** \$ 4.99

Sliced breast of turkey, bacon, Swiss cheese and tomatoes served on grilled sourdough bread.

- Roast Beef Sandwich** \$5.29

- barbec's Pot Roast Sand.** ^{New} \$5.99

Tender slow roasted beef, carrots, grilled onions & American Cheese piled high on grilled sourdough.

barbec's MELTS

Add chips 60C, fries \$ 1.10, fruit \$ 1.50

Double Decker Triple Decker

any burger add \$1.00 any burger add \$2.00

- Patty Melt** \$ 4.69

A lean ground beef patty topped with Swiss cheese & sautéed onions. Served on grilled rye bread.

- Sourdough Melt** \$ 4.69

- Tuna Melt on Rye** \$ 4.69

- Beef and Swiss Melt** \$ 5.49

Thinly sliced roast beef topped with Swiss cheese & green chilies, Served on grilled sourdough bread.

- barbec's Chicken Melt** .. ^{New} \$5.59

Sliced chicken, spinach, tomatoes, Monterey jack cheese, mayonnaise on grilled sourdough bread.

- Beef, Turkey & Swiss Melt**.... \$ 6.29

A triple Decker of Roast beef, Green chilies, Swiss cheese, Turkey and tomatoes on grilled sourdough bread.

- Fajita Melt** \$ 6.29

Grilled Fajita chicken topped with Swiss cheese & green chilies, Served on sourdough bread.

THE VEGETARIAN

Add tossed green salad or cup of soup 95c only

- Veggie Burger** \$ 4.49

An all vegetable patty grilled to perfection and served on a grilled bun.

- Veggie Patty Melt** \$ 4.89

Our veggie burger on grilled rye bread, & topped with sautéed onions, and melted Swiss cheese.

- All Veggie Wrap** \$ 5.99

Sautéed onions, green peppers, & mushrooms, topped w/ Monterey Jack cheese, tomatoes and lettuce. Wrapped in 2 flour tortilla shell & served with tossed green salad, or choice of potato.

- Vegetable Plate (total of 4)** \$5.69

SIDE ORDERS

- Crispy French Fries** \$ 1.89

- Cheese Fries** \$ 2.39

- Chili-Cheese Fries** \$ 3.69

- Homemade Onion rings** \$ 3.29

- Potato Chips/Corn Chips** \$ 1.09

- Mashed Potato** \$ 1.89

- Vegetable of the Day** \$ 1.59

- Baked Potato** \$ 2.19

- With The Works \$ 3.09

Kids Eat Free On Wednesday Nights!

Must be accompanied with parent's meal order.

Try Our Catering

for all occasions
(including Sunday Brunch)

LUNCH PLATES

Served with any two of the following(Weekdays 11:00 am - 2:00 p.m.)

Tossed Salad	Green Beans	Cottage Cheese	Mashed Potatoes
Red Beans and Rice	French Fries	Corn on the Cob	Fried Okra
Buttered Carrots	Fried Zucchini	Black - eyed Peas	English Pea
Macaroni & Cheese	Cole Slaw	Kernel Corn	Beets
Pinto Beans	Turnip Greens	Peaches	

# 1 Chicken Fried Steak	\$ 6.29
# 2 Breast of Chicken Strips	\$ 6.29
# 3 Chicken Fried Chicken	\$ 6.29
# 4 Steak Fingers	\$ 6.29
# 5 Catfish Filets	\$ 6.29
# 6 Chopped Steak w/Grilled Onions(Mashrooms&Cheddar cheese add 50C)...	\$ 6.29
#6 1/2 Beef or Cheese Enchiladas.....	\$ 6.29
# 7 Open Faced Hot Roast Beef	\$ 6.29
# 8 Ham Steak	\$ 7.39
# 9 Baked Meat Loaf	\$ 6.29
#10 Shepherd's Pie	\$ 7.39
<i>(Our Meat Loaf topped with mashed potatoes, brown gravy and cheddar cheese)</i>	
# 11 Center Cut Pork Chop	\$ 6.29
# 12 With 2 Pork Chops	\$ 8.29
# 13 Open- face Hot Turkey	\$ 6.29
# 14 Chicken Supreme	\$ 8.29
<i>Boneless breast of chicken, grilled and topped with lean ham and Swiss cheese.</i>	
# 15 Spaghetti & Meatballs w/ Salad only.	\$ 6.29
# 16 Spaghetti & Chicken Breast w/ Salad only.	\$ 7.39
#17 Fried Pork Chops	\$ 8.39

VEGETARIAN & LOW CALORIE LUNCHES

Served choice of salad or cottage cheese and fruit(Add slice avocados \$1.50)

Grilled Chicken Breast	\$ 6.29
Broiled 5 oz. Hamburger Patty	\$ 6.29
Grilled Turkey Breast	\$ 6.29
Vegetable Plate (total 4) Vegetables & Texas Toast	\$ 5.29
All Veggie Wrap	\$ 6.29
<i>Sautifed onions, green peppers, and mushrooms, topped with Monterey Jack cheese, fresh tomatoes and lettuce, wrapped in two flour tortilla shell .</i>	
<i>Add sliced avocados \$1.50</i>	

HOME MADE DESSERTS

Home made Cream Pie	\$ 2.29	Fruit Cobbler.....	\$ 2.29
Banana Pudding	\$ 2.29	Ala Mode99
Whole Pies	\$ 9.50		

DAILY BLUE RIBON SPECIALS

Monday- Friday 11:00am-2:00pm

Served With choice Of two menu or blue ribbon Vegetables, and
White or Wheat rolls, cornbread, or biscuits.\$5.99

<p style="text-align: center;">MONDAY</p> <ol style="list-style-type: none">1. Meatloaf w / Creole sauce2. CHICKEN FRIED STEAK3. Grilled pork Chops4. Beef or Cheese Enchiladas <p><u>Vegetables</u> (in addition to our daily vegetables) Glazed Carrots Mustard potato salad Spicy homefries</p> <p><u>Soup of the day</u> Broccoli and Cheese Soup Vegetable Soup</p>	<p style="text-align: center;">THURSDAY</p> <ol style="list-style-type: none">1. GRILLED CHICKEN BREAST2. Salisbury Steak3. CHICKEN FRIED STEAK4. Beef or Cheese Enchiladas <p><u>Vegetables</u> (in addition to our daily vegetables) Peas and Carrots Green Beans W/ new potato Spicy homefries</p> <p><u>Soup of the day</u> Chicken Noodle Soup Vegetable Soup</p>
<p style="text-align: center;">TUESDAY</p> <ol style="list-style-type: none">1. CORNED BEEF & CABBAGE2. CHICKEN Tetrazini3. Hamburger Steak4. CHICKEN FRIED STEAK5. Beef or Cheese Enchiladas <p><u>Vegetables</u> (in addition to our daily vegetables) Lima Beans Spicy homefries Black eyed Peas Macaroni & Tomatoes CABBAGE</p> <p><u>Soup of the day</u> Chicken Tortillas Soup Vegetable Soup</p>	<p style="text-align: center;">FRIDAY</p> <ol style="list-style-type: none">1. CHICKEN AND DUMPLINGS2. CHICKEN FRIED CHICKEN3. MEAT LOAF4. CHICKEN FRIED STEAK5. Beef or Cheese Enchiladas <p><u>Vegetables</u> (in addition to our daily vegetables) Macaroni & Tomatoes Spicy homefries Broccoli w/ Cheese</p> <p><u>Soup of the day</u> Vegetable Soup Bacon Potato Soup</p>
<p style="text-align: center;">WEDNESDAY</p> <ol style="list-style-type: none">1. Roast Beef2. BEEF TIPS AND NOODLES3. CHICKEN FRIED STEAK4. Stuffed Bell Pepper5. Combo Beef & Cheese Enchiladas, & (1) Tamale <p><u>Vegetables</u> (in addition to our daily vegetables) New Potato Spicy homefries</p> <p><u>Soup of the day</u> Vegetable Soup Cream of Potato Soup</p>	<p style="text-align: center;">We do Catering For all occasions</p>